

# Quadruple timber gym for sports centre

Sargans, CH



# Quadruple timber gym for sports centre

Sargans, CH



## Project details

Architecture	RUPRECHT ARCHITEKTEN GMBH, HILDEBRAND Studios AG
Project type	Leisure and sport
Construction type	Wood element construction
Services	Timber construction
Construction	2011
Locality	Sargans
Country	Switzerland

# Quadruple timber gym for sports centre

Sargans, CH



---

## New timber gym building for the regional sports centre

The regional sports facility in Sargans was designed from scratch as a timber construction. The support structure runs throughout all areas of the building and governs the spatial organisation and architectural appearance of the main areas of use, including the foyer, the hall and the gym rooms. The main load-bearing structure comprises forty laminated timber frames, some of which are two storeys in height. Spaced at 1.60 m intervals over an area of approx. 30 m wide and 60 m long, the 10-m-high frames in the hall create the impression of an intricate wooden slatted wall/ceiling. The

ceiling of the storey below the wet zones is a wood/concrete composite.

## Specific Contact



### Migga Hug

Head of GC & TC Services | Architectural  
planning | Switzerland  
Member of the Division Management

T +41 71 388 58 23

[migga.hug@blumer-lehmann.com](mailto:migga.hug@blumer-lehmann.com)

# Quadruple timber gym for sports centre

Sargans, CH



Simple design and consistent use of materials

---



View of the corridor

---

# Quadruple timber gym for sports centre

Sargans, CH



Modern colour scheme

Spruce interior